



CODE OF CONDUCT

READ TO ALL TEAM MEMBERS

In order to provide an atmosphere of fun and sportsmanship, certain regulations are necessary and must cover all who are connected with the program. Violations of these simple acts of good sportsmanship and common courtesy will not be permitted to destroy the activity.

No person in the program should be guilty of the following:

1. A physical attack or any other aggressive action toward an official, spectator, or other player.
2. Use of profane, obscene or derogatory remarks to an official, spectator, or other player, or speaking or acting in such a manner to cause a disturbance.
3. Forcefully refuse to abide by an official's decision in a contest, causing a delay.
4. Unnecessary throwing of equipment or any other object.
5. Play in such a rough manner to deliberately try to cause bodily injury to another player.
7. Cause defacement or destruction to any public facility or equipment.

The penalty for violation of the above regulations may result in:

- A. Ejection from the game and/or forfeiture of the game AND/OR
- B. Probation for the season, AND/OR
- C. Suspension for one or more games during the season and/or the entire athletic year.

The right to appeal a decision may be submitted in writing by the player, manager, or coach involved in the decision within thirty days to the Supervisor in charge.

MANAGER'S AGREEMENT

Upon filing and the acceptance in the St. Anthony's Community Center League and an official roster for any recreation athletic event, the manager hereby affirms that each *team member has read and will abide by the Code of Conduct*. The manager is responsible for their team, and for all actions that violate the policies, rules, regulations, and Code of Conduct set forth by the St. Anthony's Community Center.

Manager's Signature

Date



Volleyball Rules

I. Team & Player Eligibility

- A. No player under 18 years of age will be allowed to participate and no high school students are eligible to play.
- B. All players must appear on the team roster to be eligible to play.
- C. All players must sign an injury waiver.
- D. The League Director has the authority to make final rulings regarding eligibility and roster procedures.

II. Pre-Match Rules

- A. League starts at 6:30 p.m. Teams must be ready to play by 6:30. Doors will open by 6:15 every league night.
- B. Net height will be 7'11 5/8"
- C. Home team and schedule will be determined by the League Director and posted at the scorers table.
- D. Team with bye keeps score. If there is not a team with a bye each team must provide a player to keep score for their match.
- E. There will be a 4 minute break between matches. Please be ready to play when the horn sounds.

III. Officials

- A. There are no officials during league so please practice good sportsmanship.
- B. Please keep the matches moving.
- C. Please practice good sportsmanship in regard to other violations. See letter III. A.
- D. The League Director has the final say in any dispute.

IV. Match Play

- A. Unless stated otherwise, official USVA rules govern league play.
- B. Teams may start the match with 5 players. If 5 players are present at match time, the match will proceed. If less than 5 players are available, the team forfeits, but may choose to pick up a player from another team. Teams may not borrow more than 1 player per match.
- C. Co-ed rule – if a team contacts the ball more than one time in offensive action, one of the contacts must be by a female (block does not count as one of the contacts).
- D. If one male is in the front row @ service, one male back row player may be forward of the attack line for the purpose of blocking. The remaining back row player must be behind the attack line until the ball has been contacted by the blocker or has been hit in such a manner that no block is possible (no back row female may participate in a block).
- E. Serving order will be male, female or vice-versa.
- F. Libero will not be allowed.
- G. Each match will be 1 set to 30 with no cap.
- H. 1st serve will be determined by a coin toss with the winner's choice of: (1) Serve, (2) Receive, (3) Side.
- I. No pursuit rule (players may not step into adjoining court – lines are part of the court).
- J. Ball is played from FOOT up (except the serve).
- K. Call lines and touches on your own side. Be aware of foot faults.