

St. Anthony's School



Physical Education Tutor – Elective Class Guidelines

The objective of the P.E. tutoring elective is to provide young children with an outstanding physical education program. Movement skills, locomotor development and eye hand coordination are stressed. Social interaction, cooperative skills, and teamwork are also incorporated in the program.

The goals for our tutors are to learn to be effective organized instructors and impart their love of physical activity on to their students. Our tutors will be able to develop, communicate and assist with a lesson.

Expectations-

Tutors will:

- Assist in equipment set-up and clean-up
- Instruct the warm-up of each class
 - a). Stand where you can be seen by all of the children.
 - b). Position the children so you, the tutor, are facing the sun or light source, not them.
- Actively participate in the activities with their assigned classes.
- Leadership though active demonstration is required.
- Demonstration/explain/ or review of the skill
 - a). Explain the skill clearly and keep explanations simple.
 - b). Speak in a vocabulary that is appropriate to the group.
 - c). Demonstrate enthusiasm for physical activity. Interject "FUN" into your classes.
 - d). Create challenges for students rather than telling them what to do (How many catches can you do with your partner in 30 seconds?). / Use "magic numbers" (Today the magic number is 25. When we do jumping jacks lets see how many people can reach 25 in 30 seconds).
- Explanation of any safety feature needed when performing the skills.
- Assist with conflict resolution (resolve student issues/problems)
- Assist with basic medical treatment (band-aids, ice, transporting students to front office).
- Monitor the student's performance and correct it when appropriate.
- When playing a game of activities be sure to participate with the students whenever possible.
- Look for opportunities for honest praise. Praise may apply to:
 - a). Attitudinal items: industry, effort, concentration, and cooperation
 - b). Achievement: progress, sub goals, overall goals.
 - c). Finishing up: putting materials/equipment away.

Final Exam (Activity Lesson): PE Tutors will team teach an activity for the class and be graded on their overall instruction and set-up of the lesson

Lastly, come to class with enthusiasm, excitement and the spirit that is representative of:

"Everyday Is A Great Day For Physical Education!"